



MITHAI COOKOFF

NOV 3, 2023

RULES

1. You must be at least 16 years old to participate.
2. All participants must turn in the Name of the dish and Recipe by 26th of October. Entries without Recipe are not eligible for prizes.
3. Every participant can submit one type of Mithai.
4. Mithai must be made at home before coming to the Sammellan.
5. Participants must arrive between 5:30PM – 6:00PM to allow enough time for setup.
6. Please specify all the ingredients in the recipe.
7. Number of pieces – 6 for the judges on one plate and 25 pieces separately.
8. Mithai should be pure vegetarian i.e. no eggs, no gelatin
9. Please specify clearly if Mithai is sugar free (i.e. suitable for diabetics).
10. Judging criteria will be:
 - Taste (50%),
 - Presentation (30%),
 - Innovative Name (10%)
 - Something Innovative (10%).
11. Please don't put your name on plates (codes will be assigned).



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